



2019 Annual Report
Collaborate, Advocate, Cultivate





Over 400,000 children in the United States each year are not able to live with their families as the result of abuse, neglect and abandonment. Since 1966, Trinity Youth Services has answered the call to this societal challenge by providing the safety and care children need in foster homes and residential therapeutic settings, where they learn to cope with and heal from the trauma in their lives. Trinity strives to be the #1 choice in providing quality care for children and their families, with one goal in mind – permanency for children and families so they can create a better future.

Trinity Youth Services provides foster care, adoption, short term residential care and enhanced mental health services for children in Southern California. The Foster Care Program serves and cares for children in approved foster homes who have been removed from their families due to trauma, abuse, neglect or abandonment. Treatment Foster Care (TFC), Intensive Services Foster Care (ISFC) are also available. The adoption program finds permanent homes for children in foster placement whose parents have had their parental rights terminated. Short-Term Residential Therapeutic Programs (STRTP) serve adolescent young men placed by county probation and children and family services departments, whose behaviors or extenuating circumstances do not support their placement in a family setting. Mental health services are also provided in all programs.

Short Term Residential Therapeutic Program Services

- Trauma Informed Care
- Transition Planning
- Independent Living Skills
- Therapeutic Recreation Services
- Permanency Planning
- Gang Diversion and Socialization Workshops
- SAFETTY Program—Stages Approach to Family Education and Trauma Treatment for Youth
- Substance Abuse Treatment
- Mental Health Services

Foster Care & Adoption Services

- Foster-to-Adopt Program
- Treatment Foster Care
- Intensive Services Foster Care
- Permanency Planning
- Mental Health Services

Mental Health Services

- Assessment
- Plan Development
- Rehabilitation/Activities of Daily Living Services
- Intensive Home-Based Services
- Collateral Services
- Therapy Services
 - Individual Therapy
 - Family Therapy
 - Specialty Group Therapy
 - Anger Management Group
 - Drug Prevention/Substance Abuse Group
 - Social Skills Group
 - Sexually Abusive Youth Group
 - Multi-Family Group Therapy
- Medication Support Services
- Crisis Intervention Services
- Targeted Case Management
- Intensive Care Coordination Services
- Psychologist Services
- Therapeutic Behavioral Services
- Evidence-Based Programs
 - Seeking Safety
 - Trauma-Focused Cognitive Behavioral Therapy
 - Managing and Adapting Practice
 - Individual Cognitive Behavioral Therapy

Dear Stakeholders,

2019 marked the 53rd year Trinity Youth Services has worked diligently to fulfill its mission; *“Helping children and families create a better future.”* Since its inception in 1966, the agency has assisted more than 65,000 children and youth through its quality programs and services.

During the past year, the agency has consolidated its operations in an effort to meet the highest standards of care. The agency now offers family foster care, Intensive Services Foster Care (ISFC), Therapeutic Foster Care (TFC) and adoptions services to children throughout Southern California and continues to meet the elevated needs of California and out-of-state youth placed at its Short-Term Residential Therapeutic Program (STRTP) campuses. To ensure we are treating “the whole child,” enhanced mental health services are woven through each child’s individualized treatment plan and delivered by highly qualified staff using trauma informed practices.

Children are placed with Trinity through county departments of children and family services and through juvenile probation departments. In 2019, Trinity served children from eighteen California counties, five Texas counties and one county in Pennsylvania.

Implementation of the Continuum of Care Reform (CCR) in California continued through the year. Trinity was an early implementor of CCR, with approval and licensure of all its programs and services under the new regulations in place long before many of its peer agencies. This is not to say there have not been “growing pains” as we establish new processes and procedures, but those are handled without the additional stress of looming deadlines.

2019 concluded with the retirement of Trinity’s CEO, John Neiuber, whose twenty-eight years of exemplary service to the agency brought about the positive actions that prepared Trinity to be a leader among children’s services providers. John’s leadership and generous mentoring also prepared me to step into the role on January 2nd, 2020. I, and the agency owe him a tremendous debt of gratitude and wish him well in his new post-career ventures, one of which will be serving as President of Trinity’s Board of Directors.

Today, as for the past half-century, the vision, work and success of the Trinity Youth Services is due to a



dedicated team of committed and compassionate staff who:

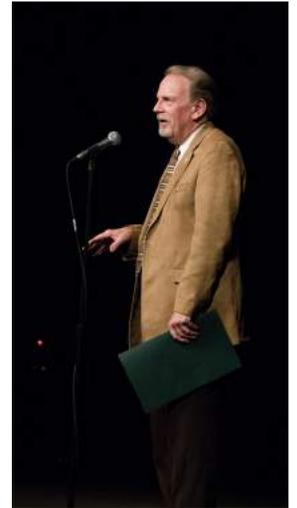
- Value safety, well-being and permanency for children and youth.
- Value embracing research, best practices and proven approaches that help children and youth heal and thrive.
- Value employees and provide them with the knowledge, skills and tools to be successful.
- Value the ability to adapt and change to the needs of our customers.
- Value open, honest and transparent governance and management practices.

We are grateful for our staff, supporters and stakeholders. Your continued support is critical to our ability to accomplish our mission — past, present and future.

With gratitude,

Cher Ofstedahl
Chief Executive Officer

Trinity Youth Services CEO John Neuber Retires



At the end of 2019, Trinity Youth Services CEO, John Neuber, retired after 28 years at the agency. Starting in the 1970's, John had been in education as a teacher, principal, administrator, and superintendent. In 2005 John became CEO of Trinity Youth Services and in 2010 also became CEO of the Children's Foundation of America. In retirement, John will continue his work with both organizations as president of the board of directors.

Trinity Youth Services staff and partners presented a retirement party for John at the historic Fox Theater Pomona. Guests arrived to a red carpet under a marquee with title, "Dial R for Retirement," celebrating our star of the show. Dignitaries included Congresswoman Judy Chu and Claremont Mayor Larry Schroeder, who presented certificates of achievement. Staff gave speeches honoring John's many years of exemplary leadership.

Dear Friends,

2019 marked my last year as the CEO of the agency. After 28 years, serving in various capacities, and the last 14 as the CEO, it was a distinct pleasure to serve with such a professional team, committed to ensuring the health, safety, well-being and permanency of children.

2020 has brought a transition for me, not only as being retired, but as I begin my tenure as an elected member of the Board of Directors and serve as the President. My continued involvement with the Agency will help assure that there is institutional memory and perspective as Trinity charts its course for the future.

The last two years was spent working through a well-thought-out and Board approved succession plan so that Chief Operating Officer, Cher Ofstedahl, would be able to assume leadership on day one of her tenure as the Chief Executive Officer. Her breadth of experience with the agency has prepared her for her new leadership role.

As Chief Operating Officer, Ms. Ofstedahl, oversaw the daily operations of the foster care, adoptions, residential treatment and mental services. She had previously served as the Development Director, Director of Human Resources and as the Chief Administrative Officer. She and I worked closely on accreditation endeavors, on the licensing of foster care and short term residential therapeutic programs and she oversaw the licensing and expansion of the mental health services under the California Continuum of Care Reform.

While the challenges will be many in the future as they have been in the past, the Agency is poised to meet those. Transition services for youth will be expanded for both foster care and residential youth. Mental health services will continue to be refined and expanded and



the Performance Quality Improvement Program will continue its efforts to track outputs and outcomes in order to ensure the Agency is always meeting the highest standards in its offerings for children and youth.

Thank you to my fellow board members, our staff, supporters and stakeholders. Your support is critical to our ability to accomplish our mission, so that the victims of abuse, neglect and trauma may lead productive, successful and meaningful adult lives.

To the future,

John Neuber
President, Board of Directors



LEFT: Former Trinity Youth Services CEO, John Neuber, poses for a photo with family at his retirement party held at the historic Fox Theater in Pomona. ABOVE: Grandchildren Allie and Drew share a laugh on the red carpet.

100% Staff Trained in Trauma Informed Care and Evidence Based Practices

We strive to hold ourselves to the highest standards by measuring our client outcomes and tracking our impact on society and our stakeholders. Through performance and quality improvement, our mission is to create a better future for children and families.

319

Employees
in 2019

64

Employed
5+ Years

5

Service
Locations

33

Counties
Served

65,845

Children Served
Since 1966

97%

Compliance
Score

24-7/365

Support for Trinity
Families and Youth

Families

In a survey conducted in 2019, 100% of our Resource Families who responded, said they liked Trinity Youth Services and 92% rated our services as "Exceptional" or "Above Average." Of those who had worked with other agencies, most found Trinity to be better than their other experiences.

Families surveyed felt our agency was responsive to their needs and effective in resolving any concerns. A majority of our families feel well-trained and informed, and 100% said they would recommend our agency to others. This is evident, as many of our families come to us through family referrals.

Youth

"Always" or "Most of the Time," 90% of Trinity foster youth feel they participate in setting their personal goals at quarterly progress meetings and feel informed about progress in meeting goals. 100% of Trinity foster youth surveyed said they feel safe in their foster home and treated well by their foster family.

Additionally, 94% of youth in our Short-Term Residential Therapeutic Program said they were satisfied with Trinity. 85% feel they are able to talk to staff about their needs or concerns and that staff respond to these needs and concerns. 94% of youth on campus feel safe and 61% of the youth like the food served. 92% of the youth on Trinity residential campuses feel our programs are helping them be successful.

Staff

Trinity staff overwhelmingly "Agree" or "Strongly Agree" they have been given the knowledge, skills and tools to be successful in their job and are dedicated to the agency's mission.

We believe the key to our success is the parallel practice of trauma informed care, from youth to the families we serve, to staff all the way through management, utilizing evidence based practices to address behaviors and encourage success.



Nationally Accredited

Trinity Youth Services ensures best practices are implemented and sustained by adhering to the highest national and international standards through its accreditation with the New York-based Council on Accreditation.



Board of Directors

PRESIDENT

BOARD OF DIRECTORS

John Neuber

SECRETARY/TREASURER

Adam Russell

MEMBERS OF THE BOARD

Aris Alexander

Judith Jarvis

Hector Macias

Valerie Martinez

Fr. Paul O'Callaghan

Cher Ofstedahl, CEO

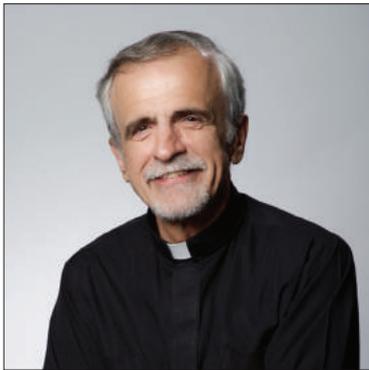
Executive Management Team



Cher Ofstedahl
Chief Executive Officer



Inger Walker
Administrative Officer



Fr. John Alexandres
Director of Quality Assurance & Compliance



Jim Adams
Director of Mental Health Services



Gil Quinbar
Director of Residential Services



Jackie Jakob
Director of Foster Care & Adoptions



Jenelle Phillips
Director of Development



Laura Abujudeh-Kassem
Intake & Foster Care Director
Rancho Cucamonga



Angelo G. Colaiacovo
Foster Care Director - Monterey Park



Elizabeth Tamoush
Residential Campus Director - Apple Valley

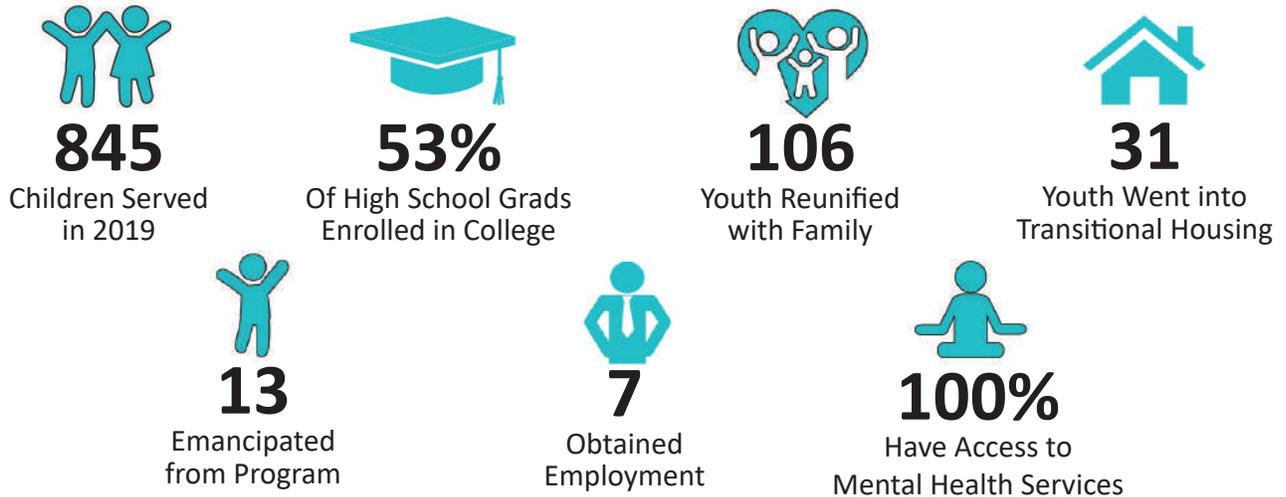


Teresa Valles
Residential Campus Director - Yucaipa

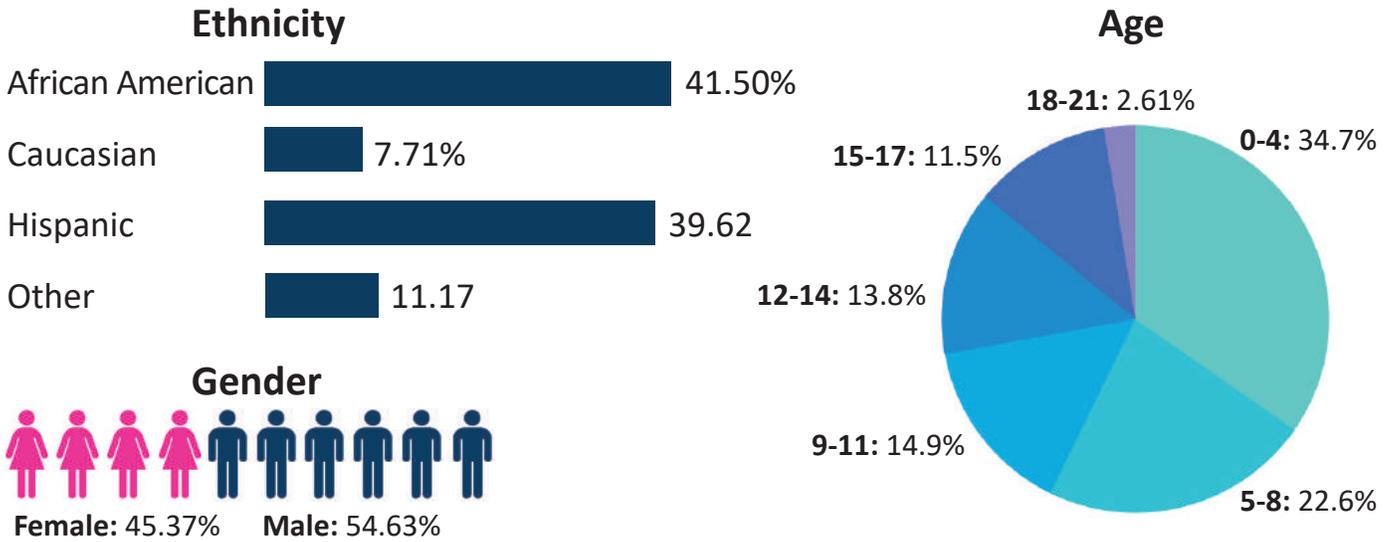


Sherman Mitchell
Residential Campus Director - El Monte

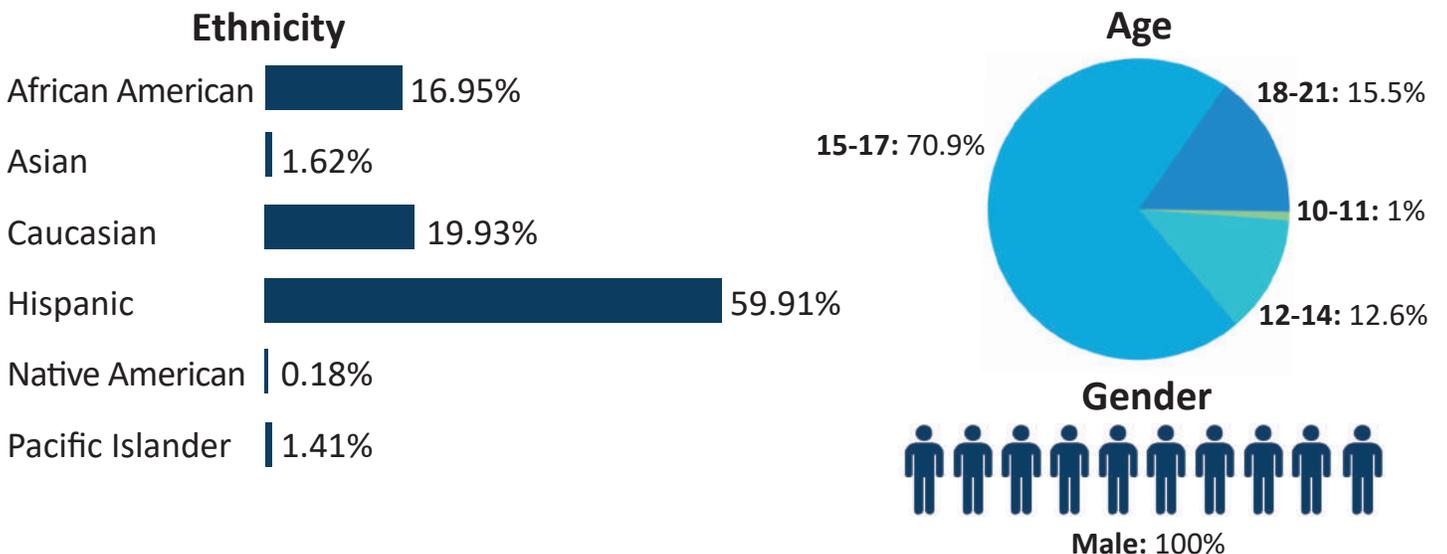
YOUTH SERVED



Foster Care Program: 499 Youth



Short-Term Residential Therapeutic Program: 346 Youth



Collaboration Finds Youth a Permanent Home



Recently two Trinity Youth Services Short-Term Residential Therapeutic Programs (STRTP), Trinity Apple Valley and Trinity El Monte, collaborated to help find a young man a permanent home. Justin (named changed for confidentiality reasons) successfully completed his program at Apple Valley and his transition plan called for him to reconnect with family.

Due to family circumstances, he was unable to go home with his mother, so finding another family member was essential for this young man to gain permanency. According to Justin, the judge in his case did not want him to give up hope for connecting with family and Justin was tasked to identify other family members. With the help of Trinity Apple Valley, they started the process using common sense searches to look for additional family options, adoptions, and explore individuals that may fall under the non-related family member category.

Because Justin was from Los Angeles and the program wanted to connect him with a family member, he was transferred from Trinity's Apple Valley program to the one in El Monte in September 2018. The Apple Valley program worked closely with El Monte to ensure the handoff was effective and that there was no lapse in the continuum of services provided to Justin, so the transition was successful. The treatment team at El Monte continued the work of Apple Valley by providing a multitude of mental health services, supportive services, promoting a sense of value and accountability, reinforcing positive behavior and transferring to a new high school, with the goal of reunification and permanency ultimately in mind.

The treatment teams at Apple Valley and El Monte programs engaged Justin by exploring all options for pathways to permanency. Justin identified his grandfather as an option, who was subsequently approved as a viable home. The programs collaborated with the Los Angeles County Probation Department to obtain approval for family therapy sessions and Child and Family Team (CFT) Meeting's, first at Apple Valley and then at El Monte, via telephone with the grandfather because he lives in another state.

Justin accomplished several things while at Trinity El Monte including actively participating in mental health treatment, individual and family therapy, therapeutic behavior programs, substance abuse groups and independent living skills groups, among others and he was able to graduate high school. Most notable was the reunification with his grandfather who committed to providing a stable, permanent home for Justin post-graduation. Justin expressed his elation for the move and excitement about his life after Trinity El Monte. Justin is looking forward to attending college.

This journey to permanency is significant as it exemplified the successful collaboration between the Trinity STRTPs and the Los Angeles County Probation Department. The challenge was not only ensuring services were provided but finding a permanent home which was always the main goal from the first Child and Family Team Meeting. Justin is thankful to Trinity Apple Valley and El Monte for their assistance in his journey. Special thanks go to the Children's Foundation of America for purchasing the plane ticket for Justin to fly "home" to be with his grandfather.

Trinity Transitions Out of Houston

In October, after more than twenty-five years, Trinity closed its Houston Foster Care office. The closure was carefully planned so all children and families would be successfully moved, intact, to other quality foster care agencies in the Houston area. Families were notified well in advance, and over a period of several weeks, were invited to interview with six reputable agencies to ensure a smooth transition. Many of the families moved together, with their Trinity Social Worker. Trinity assisted remaining staff in taking on positions with neighboring agencies of their choice and has repositioned the Assistant Office Director to one of the California programs.

While it is always bittersweet to close a program, the decision was made thoughtfully and with the best



Sophie Stenis, Ladies Philoptochos

interests of the children, families and staff in mind. Over the past several years, the regulations that govern foster care in California have been completely redesigned through the Continuum of Care Reform Act, signed into law by Governor Jerry Brown in 2016. The differences in legislation and governance between California and Texas made it increasingly challenging to operate the same, quality program in both states.

Trinity will always be grateful to the families of Houston for their love and loyalty, to the business community for their support and to the parishioners and Ladies Philoptochos of Annunciation Greek Orthodox Cathedral for “adopting” Trinity’s families and children in Houston and ensuring that the holidays were always a joyous celebration and a beautiful example of what “chosen family” looks like.

Foster Care and Adoptions

Trinity foster (resource) families provide a safe, caring and nurturing environment for foster children until they can return to their family, a relative, are adopted or until another permanent situation is achieved. Trinity staff and resource parents facilitate reunification with the foster children’s family through family visitations and working with the children to maintain positive relationships with family members. Social workers from the agency provide guidance and support and work together with the resource parents to provide the children in care with everything they need to feel safe, secure and successful in the resource home. The Trinity Foster Care and Adoption Agency is nationally accredited by the Council on Accreditation (COA), a State of California approved accrediting body.

Children placed with Trinity families: 499

Children achieving permanency: 71%

Foster-to-Adopt Program

The adoption program finds permanent homes for children, birth to 18 years old, that are placed in foster care. The Foster-to-Adopt Program allows resource parents to adopt children who are not able to be reunified with their family. The agency works with the resource family throughout the foster care experience and is then able to provide a seamless transition into the adoption process. The adoption program is open to families of any ethnicity, race, religion, gender, gender identity, gender expression, sexual orientation, national origin, age, income level, and can be single, married, couples or domestic partners.

Children in adoptive placement: 26

Children permanently adopted: 19

Counties Served: Los Angeles, Riverside, San Bernardino, Sacramento, Harris, Houston, Fort Bend, Brazoria, Bowie, Hardin, Dewit, Jasper, Karnes, Kerr, Midland, Nacogdoches, and Orange.

Statement of Activities

Program Revenue

\$21,171,349

Short-Term Residential Therapeutic:	\$13,914,933
Mental Health:	\$2,687,679
Foster Care:	\$4,048,579
Intensive Services Foster Care:	\$305,158
Adoption:	\$215,000

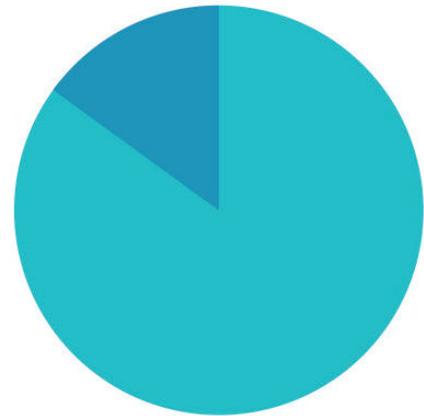


Expenses

\$22,399,335

Direct Program Expenses:	\$19,092,620
Administration & Management:	\$3,306,715

Where the Money Goes



Administration & Management: 15%
Direct Program: 85%

Statement of Financial Position

Total Assets:	\$4,563,055
Total Liabilities:	\$2,150,808
Net Assets:	\$2,412,247



Operation Gobble Gobble Serves Trinity Families

Each year, Los Angeles County Supervisor Hilda Solis takes an active role in supporting her community for the holidays through “Operation Gobble Gobble,” a program that helps families in need throughout LA County.

“Everyone should be able to enjoy this holiday season with their friends and loved ones. Thank you to Trinity Youth Services for being a great 'Operation

Gobble Gobble' partner, but also for all the work they do to support foster youth throughout the year,” said Supervisor Solis.

Twelve resource families were given turkey meals for Thanksgiving this year. Support such as this makes the holidays special for our amazing families, and helps them provide to the children who are dear to their hearts.

Trinity Turned My Whole Life Around

By Ramon Gutierrez

Back in 1999, I was a resident at Trinity Yucaipa. I just wanted to say thank you. I grew up with an extremely hard life. I was a delinquent. I was always in trouble. I was prison bound. I had no family on my side; I had no one in my corner. My own mother did horrible things to me. I really had no one. I was roaming the streets; I was easily influenced by others. I was broken. I thrived on doing bad things and breaking the law. And my family had completely given up on me. My mother abandoned me. I lived with my aunt and uncle. And they gave up on me. They even told the courts that they wanted nothing to do with me. And I used that as an excuse to mess-up.

I went to juvenile hall, where I was incarcerated for five months and then I got interviewed by Trinity Yucaipa. It took a while, but with the help of the staff that really showed interest in me, it turned my whole life around. They really showed me that I could do something with my life. Whenever I would mess-up, they would show me the correct way of doing things. The teachers really showed me I can do this. And showed me I was just really being lazy.

I enjoyed going to school. I earned a letterman



jacket that was one of the best feelings I ever had. While there were kids who took things for granted, I really enjoyed going to school. I maintained a job in the Trinity dining hall throughout my stay there. What I'm really trying to say is I learned skills there that really changed my life and helped me do a 180 turnaround with my life for the better. All because of the help and love and support I received at Trinity Yucaipa. Especially I want to thank Gil Quinbar (Director of Residential Services), he really inspired me

and helped me through a lot of tough times in my life.

However, my journey wasn't over. I then went to another group home. I maintained a job at McDonald's for three years and I graduated high school with a 3.75 GPA. I went to Colorado University where I graduated and received my bachelor's degree in business management.

Now I live in Midland, TX and have a wife, a 13-year-old daughter and a 4-year-old son. I am a dispatch supervisor for one of the biggest oil companies in the country. Not a day goes by that I don't remember where I came from, and that Trinity Yucaipa was a big part of my life. Thank you for all that you guys have done for me.

Short Term Residential Therapeutic Programs

Trinity's three Short Term Residential Therapeutic Programs (STRTP) located in Apple Valley, El Monte and Yucaipa serve adolescent young men who have been placed by county probation and children and family services departments. The behaviors these youth have displayed are typically in response to, and the result of, a history of trauma, abuse, neglect or abandonment. The young men often develop emotional and behavioral challenges. These factors then manifest into behaviors that require an intensive, short-term residential therapeutic program in order to mitigate identified mental health issues, change behavioral patterns and reduce recidivism.

Youth in Residential Therapeutic Program: 346

Non-Recidivism: 92%*

**Rate based on youth successfully completing the program and not returning to placement 3, 6, 9 and 12 months after returning to permanency.*

Counties Served: Contra Costa, Fresno, Imperial, Kern, Kings, L.A., Napa, Orange, Riverside, Sacramento, San Bernardino, San Diego, Santa Barbara, Santa Clara, Santa Cruz, Shasta, Sutter, Tulare, Ventura, and Yuba.

Trinity Youth Meet Advocate Tiffany Haddish

Twenty-three foster youth from Trinity Youth Services attended the 27th Annual Success Is Our Future Scholarship and Awards Ceremony on May 30, 2019, at the Grand Hall of the Dorothy Chandler Pavilion. The annual event sponsored by the Los Angeles Department of Probation recognizes foster youth who have overcome the challenges in their lives and are graduating from high school. The special guest was actress Tiffany Haddish, who encouraged the youth to continue to pursue their dreams as she too is a former foster youth. Ms. Haddish gave each attendee a \$100 gift card and a suitcase/duffle bag packed with items for their personal use.

The event was attended by fourteen youth from Trinity El Monte, six from Trinity Apple Valley and three from Trinity Yucaipa. The event recognizes and honors the achievement of youth in a variety of categories, including academics, sports, literature, the arts and overall improvement in conduct and behavior.

The foster youth were inspired and moved by the story of Tiffany Haddish.



Tiffany Haddish and Brandon Omura

One young man said that listening to her story made him feel good that someone that was once in the system went on to be successful. He also said that he liked the fact that the Success Is Our Future recognized youth such as him and that they awarded scholarships to youth that wanted to attend college. Another young man felt connected with Ms. Haddish because she was a former foster youth and was motivated by her speech.

Brandon Omura, 18, a recent graduate who is now attending college, said he enjoyed the

event because “There was always something exciting happening. I liked the magician, the different types of traditional dances, the poems, and the paintings. The guest speakers talked about us becoming successful, what’s the right plan for us, and not giving up. The speakers included former foster youth who already graduated college. They told us about the different obstacles they went through and how they overcame them. They encouraged us to pursue our dreams and not give up, which was really inspirational.” Regarding his plans for the future, he said, “My goal is to focus on business management. I’m a people person and would like to become a CEO one day.”

Special thanks go out to Jaime Acosta, Assistant Director of Trinity El Monte, for his dedicated participation on the Success Is Our Future Planning Committee for the last several years. It was a well-organized and much-appreciated event that acknowledged youth who have overcome a multitude of obstacles to achieve their high school diploma.

Partners and Affiliations



Mental Health Programs

Upon intake, each child is screened to determine their need for mental health interventions. If a need is identified, the child is assessed and has a treatment plan customized to his or her particular needs in collaboration with the Child and Family Team. A therapist is assigned to work with each child and evidenced-based interventions are utilized that are delivered through a variety of intensive therapeutic services. The therapist ensures that the client's goals are SMART (Specific, Measurable, Attainable, Realistic, Time-related), based on the diagnosis, and interventions specifically address the child's individual assessed needs and impairments. Interventions can include, but are not limited to,

individual therapy, group therapy, specialty groups, family therapy and therapeutic behavioral services. Evidenced based programs are used and include, but are not limited to Seeking Safety, Trauma Focused Cognitive Behavior Therapy, Managing and Adaptive Practices, and Individual Cognitive Behavioral Therapy. The child's treatment goals and interventions are developed through the collaboration of the Child and Family Team that includes the child, family, therapist, county representative(s), psychiatrist, friends and community members, social workers, nurse, and other formal and informal supports. The team meets as needed, but in no event less than once each quarter, to review progress and adjust goals and measure outcomes to ensure success.



Los Angeles County Sites: El Monte and Monterey Park

San Bernardino County Sites: Apple Valley, Rancho Cucamonga and Yucaipa

Youth Receiving Mental Health Services: 404 (FFA: 58 STRTP: 346)

Trinity Classic Golf Tournament Raises \$130K



The Children's Foundation of America hosted the annual Trinity Classic Golf Tournament and Fundraiser to once again support programs at Trinity Youth Services.

On September 30, 2019, 120 golfers gathered raising \$130,000 at this year's event held at South Hills Country Club in West Covina, CA. Guests included Trinity's business partners, retired NFL and MLB players as well as radio personalities.

This year's theme, "Mardi Golf," really let the good

times roll! Golfers enjoyed food from In-N-Out, Gumbo Girls, Buca di Beppo, Nothing Bundt Cake and more. Live music provided by Dennis G & the Zydeco Riderz and the Amanda Castro Band set the New Orleans ambiance.

We'd like to thank everyone who came out to support our programs at this exciting annual fundraiser and hope to see you at the next tournament and fundraiser in 2020. Contact donations@trinityys.org or 800.KIDS.730 to register or sign up or golf tournament updates.

Enhanced Mental Health Services

2019 proved to be an eventful and uneasy year: globally, nationally and locally. Unrest seemingly dominated media coverage at every level. Brexit, the breakdown of North Korea-U.S. Nuclear talks, the U.S-China Trade War, the continuing Central American migrant exodus, raging fires in the Amazon and in California and numerous mass shootings in schools and public places shared news coverage with protests for gun control, climate control and political control, leaving many people feeling anything but in control. Is it any wonder that in 2019, one of the primary goals for Trinity Youth Services was the implementation of fully-integrated Mental Health services at all levels and in all programs of the agency?

Nearly 80% of foster children suffer from a significant mental health issue.

For the 400,000-plus children currently unable to live with their families due to trauma created by abuse, neglect and abandonment, the additional stressors all around them may make them feel that hope for a better future is impossible. What seems like an overwhelming, insurmountable problem is being addressed at Trinity Youth Services through the addition of highly-qualified mental health professionals at all sites, as well as intensive mental health training for direct care staff and families to provide the knowledge, skills and tools necessary to keep foster children safe and to help them feel safe.

Over the past few years, as California's Continuum of Care Reform (CCR, AB403) was implemented with the intention of reducing the necessity, length of stay and level of care for children in the foster care system, agencies like Trinity have witnessed a marked increase in the number of children diagnosed with depression, anxiety and other mood disorders and a significant rise in the prevalence of substance abuse, suicidal ideation and self-harm. Shockingly, we are seeing these issues emerge at an alarming rate, in children under the age of six. Prior to CCR legislation, many children and youth exhibiting these behaviors would have been placed in a higher level of care or hospital setting.

At Trinity, we believe in the intent of the reform; that children need to be placed in the least restrictive setting for the shortest amount of time needed to empower them with tools and resources that will enable them to successfully return to family and community. This is why we are adamant that the mental health of each child is as much a priority as their physical wellbeing.



Led by Trinity's Director of Mental Health Services, Jim Adams, MA, LMFT, and an impressive duo of licensed Clinical Directors, Hannah Chuapoco, MS, LMFT and Tierra Patterson MS, LMFT, MPA; teams of clinical site coordinators, therapists, caseworkers, enhanced mental health services specialists (EMHSS), quality assurance and ancillary mental health staff assess and address the specific mental health needs of each and every child placed with Trinity. Every child is evaluated individually and a detailed treatment plan is created, regularly reviewed and updated. The agency works with two highly-qualified, licensed and board-certified Psychiatrists to ensure that any medications are cautiously prescribed and carefully administered.

It is currently estimated that nearly 80% of foster children suffer from a significant mental health issue; more than four times the incidence found in the general population. The American Academy of Pediatrics considers "mental health as the greatest unmet need for children and teens in foster care." Trinity Youth Services is committed to continuing its investment of time, effort and resources to ensure the children and youth placed in our care have the greatest possible opportunity to become healthy adults, ready to face the challenges of life after foster care.



MISSION

Helping children and families create a better future.

VISION

Be the first choice for referrals and funders
in providing quality care for children and families.

STATEMENT OF VALUES

We value safety, well-being and permanency for children and youth.

We value embracing research, best practices and proven approaches that help children and youth.

We value employees and will provide them with the knowledge, skills and tools to be successful.

We value the ability to adapt and change to the needs of our customers.

We value open, honest and transparent governance and management practices.

Trinity Youth Services

PO Box 1210, Claremont, CA 91711

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800.964.9811

501 (c)(3) nonprofit organization